

## PARSHAS EIKEV

Rav Mordechai Kalatsky August 4, 23| 17 Av, 5783

וְהַיָּה אִם־שָׁמַע תַּשְׁמְעוֹ אָל־מִצְוֹתֵׁי אֲשֶׁר אַנֹכִי מְצֵוֶה אָתְכָם הַיָּוָם "AND IT SHALL BE IF YOU LISTEN TO MY COMMANDMENT WHICH I COMMAND YOU THIS DAY" (Dvarim 11:13)



This is a section of the Torah that is recited daily in the Shema. The Torah states that there will be a reward for observing the commandments. On the first Hebrew word of this pasuk is vehayah which can be used as a language denoting joy. There is a condition in this verse that commandments should be done with joy. True joy comes only when a person does good deeds. If a person though has high feelings without true meaning it is only a temporary state and will dissipate.

There are many attitudes a person can have towards good deeds. One is guilt for not doing what is right. Another is fear of punishment. Even though pasuk 16 and 17 the Torah warns of retribution for doing wrong, the attitude that comes first should be the joy of doing good. Many people eat because they enjoy eating. If a person does not eat for a couple of days his life will be in danger. But very few people sit down to a delicious meal and say I'd better eat if I want to stay alive. The vast majority of people focus on the pleasure and pleasantness of eating. Similarly with mitzvos. Keep your focus on the joy of the spiritual fulfillment. A person who is spiritually healthy will experience great joy and pleasure in doing good deeds.

The Arizal who was one of the greatest kabbalists said any level he reached in spirituality was because of the joy he experienced when he fulfilled the commandments.

For this week try to focus on the joy of doing good for someone else and how fortunate you are to help someone else.

Have a joyous Shabbos! Rabbi Kalatsky

#### ZMANIM

Fri Erev Shabbos Parshas Eikev August 4 Shacharis 7 AM Early Mincha 6:50 PM, CL 7:05-7:15 PM Regular CL 8:18 PM

Shabbos, August 5 Shacharis 8:45 AM Pirkei Avos 7:05 PM Relevant halachos 7:40 PM Mincha 8:00 PM Shabbos Over 9:25 PM

Sunday, August 6 Shacharis 8:30 AM Mincha/Maariv 8:15 PM

Mon-Thurs August 7-10 Shacharis 7 AM Mincha/Maariv 8:15 PM

Fri Erev Shabbos Parshas Re'eh August 11 Shacharis 7 AM Early Mincha 6:40 PM, CL 6:56-7:05 PM Regular CL 8:08 PM

### **COMMUNITY NEWS**

# The Women's Shabbos Shiur

August 5th Parshas Eikev 5:45 PM at the home of Mr. Slava & Mrs. Yana Slobodyanyuk 2919 Ottawa Ave

Guest Speaker: Dr. Yaakov Connor

August 12th Parshas Re'eh 6:00 PM at the home of Rabbi Yehoshua & Racheli Borenstein 4215 W. 25th St. Guest Speaker: Rabbi Yehoshua Borenstein

August 19th Parshas Shoftim 5:00 PM at the home of Mr. Aryeh Leib & Mrs. Irina Barannikov 2600 Quentin Ave Guest Speaker: Rabbi Adam Crystal



### **SHIURIM**



Wednesdays 9am - Mesilas Yesharim (R. Kalatsky) Thursdays 8pm- Jewish Concepts (R. Kalatsky)

**Thursdays 9:15pm** – Mishmar (R. Kalatsky) **Shabbos 8:15am** – Parenting (John Ghermezian)

New Relevant Halacha Shailos with Rabbi Kalatsky 7:15 PM Shabbos

Shabbos Daf Yomi – 1 hour before Mincha (Zevi Segal) Shabbos Nesivos Shalom - 50 minutes before Mincha – (Sender Russel)

### **HALACHIC INSIGHT**

Sucking juice from fruit is not considered a form of sechita. Therefore, one may hold a wedge of orange and suck out its juice, it is also permissible to dip challah in wine and suck out the wine. However, when doing so, one should be careful to avoid squeezing out any liquid with one's hand.

One should refrain from sucking out the juice of olives or grapes while holding them. Nevertheless, it is permissible to insert an olive or grape in your mouth and suck out the juice while it is inside your mouth.

There is another prohibition related to the principle of sechita. To safeguard the prohibition of sechita, the chachamim forbade the consumption of juices that seeped out of food on Shabbos. Juices that seep from fruits or vegetables on Shabbos may not be consumed until after Shabbos. This prohibition only applies to all olives and grapes. Other fruits commonly juiced are subject to this prohibition only if they were originally intended for juicing. Fruits which are not usually juiced are exempt from this prohibition.

### **KIDDUSH**

This week's kiddush is sponsored by the Badzin and Zouber families in gratitude to the congregation and wishing Sam and Levi the best of luck this coming up year!

Shalosh seudos sponsored anonymously in the honor of baseball on Sundays and all who play!







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