



## KI Bulletin ב"ס"ד Shabbos Parshas Acharei Mos April 29, 2022 Nisan 28, 5782

Candle lighting: Mincha 6:30 PM, Early CL: 6:47-6:55 REG CL: 7:40pm

"AND THERE SHALL BE NO MAN IN THE TENT OF MEETING WHEN HE GOES IN TO MAKE ATONEMENT IN THE SACRED PLACE." (Vayikra 16:17)



When the High Priest performed the special service on Yom Kippur, it would have been easy for him to feel conceited. He was the only one chosen in the entire nation. He could have focused on the honor being accorded to him and the awe people would view him with. The Torah tells us, "There shall be no man," that is, the High Priest should view the world as if there were no people in existence except him. By having this mental attitude, he frees himself from any thoughts of honor and needing approval of others.

This technique is very useful for people who constantly worry about what other people are thinking of them. They should imagine for a while that no one else exists and if so, they don't have to be worried about what anyone else thinks about them. Even if a person can only do this for a short while it will decrease the intensity and level of worry about other people's opinions.

A large part of being concerned what others think about me is based on an illusion. In truth people rarely think about you as much as you think they do. Even if they are thinking about you their opinion makes absolutely no practical difference in your life. The mindset of having no other people being around you will enable you to free yourself from the harm and pain caused by other people's opinions of you.

For this week take five minutes to free yourself of other people's opinions by imagining the world free of those people.

Have a freeing Shabbos!

Rabbi Kalatsky



Friday Erev Shabbos Parshas Acharei Mos, April 29

Shacharis 7 AM

Early Mincha 6:30 PM, Early CL 6:47-6:55

Reg CL 7:58 PM

Shabbos April 30

Shabbos Mevorchim

Shacharis 8:45 AM

Pirkei Avos 7 PM

Mincha 7:40 PM

Shabbos over 9:08 PM

Sunday May 1

'א Rosh Chodesh Iyar

Shacharis 8:30 AM

Mincha 8:05 PM

Monday May 2

'ב Rosh Chodesh Iyar

Shacharis 7 AM

Mincha 8:05 PM

Tues– Thursday May 3-5

Shacharis 7 AM

Mincha 8:05 PM

Friday Erev Shabbos Parshas Kedoshim May 6

Shacharis 8:30 AM

Early Mincha 6:40 PM, CL 6:54-7:05 PM

Regular CL 8:07 PM



**Kiddush this week is sponsored by Michael Morris  
in honor of his father's Yahrzeit, Eliezer Chaim  
Ben Yekusiel A"H.**



Mazel Tov to Yonanson & Alice  
Ghermezian on the birth of  
their daughter, Me'ira Bracha!  
Mazel tov to the entire mishpacha.  
May she grow to Torah, Chuppa &  
Ma'asim Tovim!



Mazel Tov to Isaiah & Shana  
Vorotinov on the birth of their  
daughter, Tzofia Galia. Mazel tov to  
the grandparents Moshe &  
Naomi Vorotinov and the entire  
mishpacha. May she grow to Torah,  
Chuppa  
& Ma'asim Tovim!


**KI**  
*Presents*  
**SIGNATURE SHABBOS**  
*with*  
**Rabbi Aharon Kaufman**  
 ROSH YESHIVA  
 YESHIVA OF WATERBURY  
  
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