March 6th, 2015 – Ki-Tisa

General Information

- Shalosh seudah is sponsored by Chaim Fink In memory of Tracy Fink

- Join us as we start a new Shabbos class ten minutes before shachris at 8:35 AM studying the practical laws of Shabbos.

- KI Chesed Meals provides meals to people who have recently had a baby, suffered a loss or are dealing with an illness. For more information please contact Lili Khabie at 952-926-4162, or in her absence, Mary Ann Grad, at 952-915-1057.

- Tomchei Shabbos helps families with basic Shabbos necessities. Contact Rabbi Kalatsky if you know of anyone who could use this assistance or wants to sponsor this special program.

- To Schedule a Kiddush or Seudah Shlishis please contact Michael Moskowitz 612-889-3062 or mlmoskowitz@comcast.net

- Save the Date- Regional Shabbaton for Sr NCSY in Memphis TN March 12-15

From the RABBI

“SIX DAYS WORK SHALL BE DONE, AND ON THE SEVENTH DAY IT SHOULD BE A COMPLETE REST SACRED TO THE ALMIGHTY.” (Shemos 31:15)

Rashi comments on this that the rest we experience on Shabbos should be a permanent rest and not just a temporary one. Rabbi Chaim Shmeulevitz explained that a temporary rest means the person has not really changed his inner traits but merely controls them on Shabbos. He still has a bad temper and a tendency to engage in quarrels, but because of the elevation of Shabbos he has self-discipline and the traits are not manifested. The ultimate in Shabbos observance is for a person to uproot the negative traits that are contradictory to the peace of mind on Shabbos.

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One needs to uproot such traits as anger and frustration with others. Only then is your rest on Shabbos a complete rest.

Shabbos is the gift of peace of mind. Only by being a master over one’s negative emotions can you have true peace of mind and connect into this essential aspect of Shabbos. On Shabbos there are many opportunities to get angry and frustrated that one does not have leisure for on other days. This can be an opportunity for growth. By mastering attitudes and approaches conducive to peaceful relationships with others you will elevate yourself.

One Friday night a policeman came to the home of Rabbi Yaakov Yosef Herman and told him the fire department has been alerted that there is a fire in his fur store. It is advisable for you to get there as soon as possible. The rabbi thanked the officer and told him that it is Shabbos and he cannot be there until after nightfall Saturday night. The officer looked incredulously at him. “Your store is burning down and you won’t even go see what is happening?” The entire Shabbos Rabbi Herman showed no anxiety and did not even hurry to make Havdalah after Shabbos. After Shabbos he rode over to his store expecting to find it in shambles. However it was the adjoining store that had gone up in flames.

For this week on Shabbos let us be extra careful not to allow ourselves to get angry and frustrated thereby accessing greater serenity and peace of mind.

Have a tranquil Shabbos!

Shiurim Around Town

- Rabbi Goldberger’s Parsha Class: Friday 9:15 AM at Keneseth Israel.

- Partners in Torah: Tuesday 8:15 PM at the Kollel. Call Rabbi Kalatsky to be paired up with a partner.

- Mrs. Gibber: Tuesday 9:30 AM Depth of Prayer - Bais Yaakov for women.
Zmanim

March 6th - 13th

Please call the Shul office at 952-920-2183 to confirm minyanim for Monday-Thursday

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