

# KENESSETH ISRAEL BULLETIN

December 6, 2019



*From  
the Rabbi*

*And he dreamed, and behold! a ladder set up on the ground and its top reached to heaven; and behold, angels of God were ascending and descending upon it. (Genesis 28:12)*

The Chafetz Chaim, citing many commentators, expresses the idea that the ladder Yaakov saw in his dream symbolizes the situation of every person in this world. There are two actions a person performs on a ladder. Either he goes from the bottom to the top, or else he goes from top to bottom. Each day in a person's life he faces new challenges. If he has the will power and self-discipline to overcome those challenges, he goes up in his spiritual level. If, however, a person fails to exercise the necessary self-control, he lowers himself. This is our daily task, to climb higher every day.

There is no standing in one place. When challenges arise, you will both behave in an elevated manner and grow from the experience or you will fall. Let's learn to appreciate the daily challenges of life that face us. Every difficulty is a means of elevating ourselves. Every time one overcomes a negative impulse he grows as a person. Additionally, just as a person climbing a ladder feels his progress with each step, so too with daily victories over our negative emotions we will feel we are accomplishing

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ח' בכסלן תש"פ - פרשת תולדות

- Rabbi Kalatsky will give his Hilchos Shabbos class at 8:35 AM
- Rabbi Goldberger will give a Parsha shiur Friday night in his home at 8:30 PM
- Mazel Tov to Eli Jaffa on his aufruf in honor of his upcoming marriage to Mirell Lefkowitz! Mazel tov to Noam & Laurie Jaffa! May the zivug be oleh be'shaah tova u'mootzlachas!
- Shalosh Suedos is jointly sponsored today by Melvin Graf for the Yahrtziet of his father Saul Graf (Sholomo ben Wolf) & and Aaron Graf in memory of his mother, Jill Sigman (Shulameit bas Avraham) who just recently passed.
- "Jewish Meditation for Women" Sunday, December 8, 7-8 pm at 3013 Monterey Ave. So. Do you ever find yourself wrestling with your own thoughts? Does your mind like to wander when you need it to focus? Do random thoughts pop into your mind and interfere with your davening? If these questions sound interesting to you, we would like to invite you for a conversation about mindfulness and authentic Jewish meditation tradition. Presented by Elena Khalitov and Tamar-Rus Stein. FFI call 952-926-5528 or email [ekhalitov@gmail.com](mailto:ekhalitov@gmail.com)

*"Ignorance is swiftly  
contagious."*

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and it will give us the motivation to continue.

Rabbi Yisrael Salanter used to say that a person is like a bird. A bird has the ability to fly very high, but it must continually move its wings. If a bird stops flapping its wings, it will fall. People are the same way.

Next time you see a bird flying, let it serve as a reminder to flap your spiritual wings and soar!

Have an uplifting Shabbos

*Rabbi Kalatsky*

# Zmanim

December 6 - 13

	Friday erev Shabbos פרשת ויצא	Shabbos פרשת ויצא	Sunday	Monday - Thursday	Friday erev Shabbos פרשת וישלח
November	6	7	8	9 - 12	13
Kislev	8	9	10	11 - 14	15
Shachris	6:30 AM	8:45 AM	8:00 AM	6:30 AM	6:30 AM
Mincha	4:15 PM	4:00 PM	4:15 PM	4:15 PM	4:15 PM
Candle lighting	4:14 PM				4:14 PM
Havdalah		5:22 PM			

Kenesseth Israel Congregation  
4330 W. 28th Street  
St. Louis Park, MN 55416  
952-920-2183

Rabbi Mordechai Kalatsky  
Chaim Goldberger, Rabbi Emeritus  
Jerome Herzog, Rabbi Emeritus

[www.kenessethisrael.org](http://www.kenessethisrael.org)

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*The Kenesseth Israel Bulletin is sponsored by Melvin & Miriam Graf*

SHA'ARIM  
GATEWAYS TO LEARNING  
Educating Jewish Children  
and Adults with Special Needs

**SUNDAY  
12.15.19**  
6:00 PM AUCTION & BUFFET  
8:00 PM RAFFLE & DRAWINGS

SHA'ARIM CHINESE AUCTION

THE HUTTON HOUSE  
10715 South Shore Drive  
Medicine Lake, MN 55441

**PREPAID TICKET PACKAGES DEADLINE: 12.9.19**

NOW IN ITS 3RD YEAR

# FRIDAY NIGHT KOLLEL

כולל ליל שבת

BETWEEN 8-10 PM AT THE KOLLEL

**WEEK FIVE**

COME YOURSELF OR BRING A CHAVRUSA  
REFRESHMENTS WILL BE SERVED

LEARN FOR AT LEAST AN HOUR FOR 8 OF 11 WEEKS, AND  
RECEIVE A \$100 GIFT CARD TO ONE OF OUR LOCAL  
ESTABLISHMENTS (GRADES 5-8: \$50, 9TH GR.-8M: \$75)

FOR MORE INFORMATION PLEASE CONTACT RABBI YAAKOV  
N. FINKELMAN 347-314-7036

## Rabbi Reisman's Navi Shiur

### SCHEDULE MOTZEI SHABBOS

OCTOBER 26 2019	9:00PM
NOVEMBER 2 2019	8:30PM
NOVEMBER 9, 16, 23, 30 2019	7:30PM
DECEMBER 7, 14, 21, 28 2019	7:30PM
JANUARY 4, 11, 18, 25 2020	7:30PM
FEBRUARY 1, 8, 15, 22, 29 2020	8:00PM
MARCH 7 2020	8:30PM
MARCH 14, 21, 28 2020	9:30PM
APRIL 4, 11 2020	10:00PM
APRIL 18, 25 2020	10:15PM
MAY 2, 9, 16, 23 2020	10:30PM

TCN  
Bringing Our Torah Centers  
to Your Community

TO TAKE PLACE AT  
 **KOLLEL**  
JEWISH LEARNING CENTER

Dr. Zuckman Memorial  
Conference Room

# Chanukah Stumpeter

Signature SHABBOS

FRIDAY, DECEMBER 27, 2019  
PARASHAT MIKEITZ

*Carbach & Rabbalet Shabbos*

FRIDAY NIGHT DINNER

NON MEMBERS: ADULT \$20 | CHILD \$18

MEMBERS: ADULT \$18 | CHILD \$15

BABYSITTING AVAILABLE THROUGHOUT THE PROGRAM

KENESETH ISRAEL LEARNING CENTER